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| WEEK ONE Newfield/Talbot | | | | | | | | | | |
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|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
|  |  |  |  |  |  |  |  |  |  |  |
| Main Meal 1  Halal |  | Moroccan Spiced Chicken Fillet with Cous Cous & Lemon |  | Authentic Tex Mex Flavoured Lamb with Guacamole |  | Roast of The Day with Traditional Accompaniments |  | Southern American Style BBQ Chicken Fillet |  | Crispy Fried Pollock, Lemon & Tartar Sauce |
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| Main Meal 2 |  | Slow Braised Lamb and Seasonal Vegetable Stew |  | Freshly Made Chicken and Sweetcorn Pasta Bake |  | Thai Green Chicken & Vegetable Curry with Wholegrain Rice |  | Mexican Style Spiced Minced Lamb Burrito Wrap |  | Burgers Selection (V) |
| PIE |  |  |  |  |  |  |  |  |  |  |
| Vegetarian |  | Garlic Mushroom Mac and Cheese |  | Sweet Potato, Lentil and Spinach Frittata |  | Chick Pea, Spinach & Aubergine Dhansak |  | Chinese Style Sweet Chilli, Vegetable & Quorn Stir Fry |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  | Jacket Wedges  Peas  Cauliflower Baked Beans Mixed Garden Salad |  | New Potatoes  Roasted Vegetables  Green Beans Baked Beans Mixed Garden Salad |  | Roast Potatoes  Baton Carrots  Savoy Cabbage Baked Beans Mixed Garden Salad |  | Spicy Diced Potatoes  Sweetcorn  Mixed Vegetables Baked Beans Mixed Garden Salad |  | Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad |
|  |  |  |  |  |  |  |  |  |  |  |
| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks | | | | | | | | |

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| WEEK TWO Newfield/Talbot | | | | | | | | | | |
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|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
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| Main Meal 1  Halal |  | Oriental Chicken & Vegetable Stir Fry with Noodles |  | Freshly Made Savoury Salmon & Tuna Fusilli Bake |  | Roast of The Day with Traditional Accompaniments |  | Spicy Chicken Jalfrezi served with Wholegrain Rice |  | Classic Fish Finger Sandwich on Wholemeal or White Bread  or  Crunchy Fish Fingers |
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| Main Meal 2 |  | Oven Baked Sausages served with Rich Onion Gravy |  | Pulled Chicken on a Bap with Smokey BBQ Sauce |  | Smokey Chilli Con Carne served with Braised Rice |  | Traditional Italian Style Lamb & Tomato Pasta Bake |  | Pizza Selection (V) |
| PIE |  |  |  |  |  |  |  |  |  |  |
| Vegetarian |  | Vegetarian Sausages served with a Rich Onion Gravy |  | Seasonal Root Vegetable and Lentil Hot Pot. |  | Creamy Fresh Vegetable Pasta Primavera |  | Chickpea and Vegetable Masala Wrap |  |  |
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| Vegetables |  | Mashed Potatoes  Broccoli  Diced Carrots Baked Beans Mixed Garden Salad |  | Herby Diced Potatoes  Sweetcorn  Garden Peas Baked Beans Mixed Garden Salad |  | Roast Potatoes  Mixed Vegetables  Cauliflower Baked Beans Mixed Garden Salad |  | New Potatoes  Sliced Carrots  Green Beans Baked Beans Mixed Garden Salad |  | Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad |
|  |  |  |  |  |  |  |  |  |  |  |
| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks | | | | | | | | |

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| WEEK THREE Newfield/Talbot | | | | | | | | | | |
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|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
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| Main Meal 1  Halal |  | Zesty Piri- Piri Style Glazed Chicken Breast |  | Braised Lamb Keema Curry with Wholegrain rice |  | Roast Of The Day with Traditional Accompaniments |  | Deep Filled Chicken & Vegetable Enchiladas |  | Crispy Fried Fish, Lemon & Tartar Sauce |
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| Main Meal 2 |  | Homemade Traditional Cottage Pie & Gravy |  | Fresh Oven Baked Chicken and Vegetable Pie |  | Spicy Caribbean Jerk Chicken served with Pineapple |  | Freshly made Classic Italian Lasagne Alforno |  | Assorted Hot Dogs (V) |
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| Vegetarian |  | Keralan Chick Pea, Cauliflower & Pepper Curry with Mixed Rice |  | Golden Potato Topped Shepherdess Pie |  | Creamy Layered Mediterranean Vegetable Lasagne |  | Zingy Vegetable and Bean Chilli and Braised Rice |  |  |
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| Vegetables |  | Jacket Wedges  Garden Peas  Sweetcorn Baked Beans Mixed Garden Salad |  | New Potatoes  Roasted Vegetables  Green Beans Baked Beans Mixed Garden Salad |  | Roast Potatoes  Seasonal Greens  Carrots and Peas  Baked Beans Mixed Garden Salad |  | Spicy Diced Potatoes  Broccoli  Baton Carrots Baked Beans Mixed Garden Salad |  | Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad |
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| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads.  Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks |