**Outdoor learning-**

We want students to access the outdoors, in which they can have a sense of freedom. A focus on working in teams, sensory awareness and den building.

* String trails
* Treasure hunt
* Blindfold caterpillar
* Beetle tag
* Shoe tower
* Den building with a parachute
* Homemade tent
* Camouflage den
* Pitching a normal tent

Learning through leisure

Learning through leisure is aimed at working with others, sharing, having fun etc. we would have different focuses each week it involved various fun problem solving challenges, i.e.

* Engaging with summer natural materials
* Clay building
* Bubble blowing
* Games challenges

**Sport and PE**

A major focus will be on being active developing various life skills i.e. socialising, problem solving, communicating etc.

* Complete various games challenges skittles, boccia etc.
* Complete sensory obstacle courses
* Treasure hunts and orienteering
* Gym routines
* Problem solving team challenges

**Health and Wellbeing**

**Home learning ideas**

**Mental health-**

A big focus will be on promoting the students mental health and wellbeing. **Tasks would include:**

* Complete mini jobs around the house
* Gym and exercise routines
* Walks (bird watching etc.)
* Caring for others (gardening)
* Hygiene tasks (pepper test)
* Emotions awareness discussions

**Relaxation tasks-**

We would like students to manage their own time and relax tasks include:

* Foot spas
* Make face creams and hand scrubs
* Yoga
* Brain gym routines